

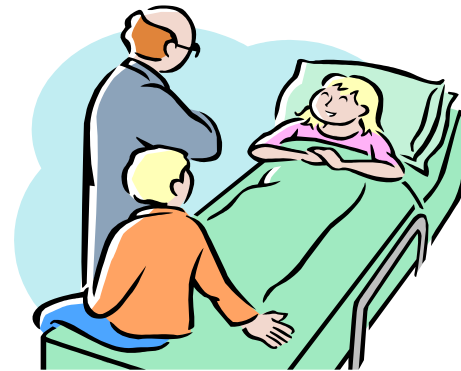
Be a Proactive Patient

Know your rights!!!

November 9, 2012

First things, first: Don't Go Alone

- **Bring someone with you**
- **Bring the “right” person**



You have the right to know

Bring a notebook and write down everything!!!

- Get to know your nurses and aides
- Make names a must
- Know your orders



The Hospital Room is your Temporary Home

- **Clean Your Room**
- **Learn how to work things in the room**
- **Place your personal items within arms reach**
- **Keep hand sanitizer close**
- **Control the visitors you want to visit**

Medication errors happen all of the time!!!

- Create and keep your own list of medications
- Ask questions EVERY time a medication is given
- Keep a daily journal



Communication is the Key

- Request that providers who enter the room speak to you (or your designee)
- If there's more than one physician, ask if they've spoken with each other
- Explain what/how you're feeling
- Understand discharge instructions before you leave





Speak up if something seems wrong

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